

LEGAL NOTICE

LEGAL NOTICE IN THE GENERAL COURT OF JUSTICE OF NORTH CAROLINA SUPERIOR COURT DIVISION YANCEY COUNTY 17SP22 IN THE MATTER OF THE FORECLOSURE OF A DEED OF TRUST EXECUTED BY FRED R. HUSKINS AND VIRGINIA HUSKINS DATED JULY 12, 2005 AND RECORDED IN BOOK 495 AT PAGE 528 IN THE YANCEY COUNTY PUBLIC REGISTRY, NORTH CAROLINA NOTICE OF SALE NOTICE OF SALE

Under and by virtue of the power and authority contained in the above-referenced deed of trust and because of default in the payment of the secured indebtedness and failure to perform the stipulation and agreements therein contained and, pursuant to demand of the owner and holder of the secured debt, the undersigned substitute trustee will expose for sale at public auction to the highest bidder for cash at the usual place of sale at the county courthouse of said county at 10:00AM on June 12, 2017 the following described real estate and any other improvements which may be situated thereon, in Yancey County, North Carolina, and being more particularly described as follows:

ALL THOSE CERTAIN TRACTS OR PARCELS OF LAND, ROAD RIGHTS, AND WATER RIGHTS, IN SOUTH OF TOWNSHIP, YANCEY COUNTY, NORTH CAROLINA, DESCRIBED AS FOLLOWS: LOT NO 1 BEGINNING ON AN IRON PIN, SAID IRON PIN BEING THE SOUTHEAST CORNER OF LOT NO 1-A AND SAID IRON PIN BEING LOCATED S16 DEG 18 MIN E65 6 FEET FROM A POINT WHICH IS LOCATED S 75 DEG 27 MIN W 58.95 FEET FROM THE SOUTHWEST CORNER OF THE FLOYDHUSKINS RESIDENCE AND RUNS S 16 DEG 18 MIN E 42 FEET TO AN IRON PIN, THENCE S 5 47 MIN W 134.35 FEET TO AN IRON PIN; THENCE N 80 DEG 30 MIN W 128 FEET TO AN IRON PIN; THENCE N 7 DEG 22 MIN W 132 FEET TO AN IRON PIN, SOUTHWEST CORNER OF LOT NO 1-A; THENCE N 82 DEG 23 MIN E 146.6 FEET TO THE BEGINNING CONTAINING 1/2 ACRE, MORE OR LESS LOT NO. 1-1; BEGINNING ON AN IRON PIN SAID IRON PIN BEING LOCATED S; 5 DEG 27 MIN W 58.95 FEET FROM THE SOUTHWEST CORNER OF THE ARTHUR HUSKINS RESIDENCE, AND RUNS S 16 DEG 18 MIN E 63.6 FEET TO AN IRON PIN, NORTHEAST CORNER OF LOT NO 1; THENCE S 81 DEG 23 MIN W 146.6 FEET TO AN IRON PIN, NORTHWEST CORNER OF LOT NO. 1; THENCE N 7 DEG 22 NUB W 125.7 FEET TO AN IRON PIN, SOUTHWEST CORNER OF LOT NO.2; THENCE N 74 DEG 53 MIN E 146.2 FEET TO AN IRON PIN, SOUTHEAST CORNER OF LOT NO. 2, THENCE S 1 DEG 07 MIN E 77.85 FEET TO THE BEGINNING, CONTAINING 0.4 ACRES, THE ABOVE DESCRIPTIONS ARE ACCORDING TO A SURVEY AND PLAT DATED 6 DECEMBER 1974, ALSO CONVEYED BY THE GRANTORS UNTO THE GRANTEE, THEIR HEIRS AND ASSIGNS ARE ROAD RIGHTS OF WAYS FOR THE PURPOSE OF INGRESS AND EGRESS TO AND FROM THE ABOVE DESCRIBED LOTS, FROM SAID LOTS TO THE PUBLIC ROAD OVER EXISTING ROADWAYS TOGETHER WITH THE RIGHT TO REPAIR MAINTAIN SAID ROADWAYS ALSO CONVEYED BY THE GRANTORS UNTO THE GRANTEE, THEIR HEIRS AND ASSIGNS IS THE RIGHT FOR LOT NO. 1 ABOVE DESCRIBED TO USE THE WATER FROM A SPRING AND RESERVOIR LOCATED APPROXIMATELY 750 FEET NORTH OF THE ARTHUR HUSKINS SWELLING AND APPROXIMATELY 450

FEET NORTHEAST OF THE NORTHERN MOST PONG OF LOT NO. 2 THIS DAY CONVEY TO BILLY LEE HUSKINS, TOGETHER WITH THE RIGHT TO INSTALL, CONSTRUCT, REPAIR, AND MAINTAIN UNDERGROUND WATER LINES WITHIN THE FLOYDHUSKINS PROPERTY AND THE RIGHT TO REPAIR AND MAINTAIN THE SPRING AND RESERVOIR TOGETHER WITH THE RIGHT OR INGRESS AND EGRESS UPON THE LANDS OF FLOYD HUSKINS FOR THE PURPOSE OF CONSTRUCTING, MAINTAINING, AND REPAIRING SAID UNDERGROUND WATER LINES, RESERVOIR, AND SPRING EXCEPTING FROM THE ABOVE DESCRIBE LOT NO. 1-1, A PERPETUAL EASEMENT AND ROAD RIGHT OF WAY AS THE SAME NOW EXISTS FOR THE PURPOSE OF INGRESS AND EGRESS TO AND FROM THE 1 ACRE TRACT OF LAND (LOT NO. 2)

And Being more commonly known as: 8 Stormy Rdg, Burnsville, NC 28714

The record owner(s) of the property, as reflected on the records of the Register of Deeds, is/are Fred R. Huskins and Virginia Huskins.

The property to be offered pursuant to this notice of sale is being offered for sale, transfer and conveyance "AS IS, WHERE IS." Neither the Trustee nor the holder of the note secured by the deed of trust, being foreclosed, nor the officers, directors, attorneys, employees, agents or authorized representative of either Trustee or the holder of the note make any representation or warranty relating to the title or any physical, environmental, health or safety conditions existing in, on, at or relating to the property being offered for sale. Any and all responsibilities or liabilities arising out of or in any way relating to any such condition expressly are disclaimed. This sale is made subject to all prior liens and encumbrances, and unpaid taxes and assessments including but not limited to any transfer tax associated with the foreclosure. A deposit of five percent (5%) of the amount of the bid or seven hundred fifty dollars (\$750.00), whichever is greater, is required and must be tendered in the form of certified funds at the time of the sale. This sale will be held open ten days for upset bids as required by law. Following the expiration of the statutory upset period, all remaining amounts are IMMEDIATELY DUE AND OWING. Failure to remit funds in a timely manner will result in a Declaration of Default and any deposit will be frozen pending the outcome of any resale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee, the Substitute Trustee or the attorney of any of the foregoing.

SPECIAL NOTICE FOR LEASEHOLD TENANTS: If you are a tenant residing in the property, be advised that an Order for Possession of the property may be issued in favor of the purchaser. Also, if your lease began or was renewed on or after October 1, 2007, be advised that you may terminate the rental agreement upon written notice to the landlord, to be effective on a date stated in the notice that is at least 10 days, but no more than 90 days, after the sale date contained in the notice of sale, provided that the mortgagor has not cured the default at the time notice of termination is provided. You may be liable for rent due under the agreement prorated to the effective date of the termination.

The date of this Notice is May 22, 2017.

Grady I. Ingle or Elizabeth B. Ells
Substitute Trustee
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Suite 400
Charlotte, NC 28216
(704) 333-8107
<http://shapiroattorneys.com/>
nc/
16-082159
Published May 31, June 7, 2017

LEGAL NOTICE IN THE GENERAL COURT OF JUSTICE, YANCEY COUNTY NORTH CAROLINA SUPERIOR COURT DIVISION ADMINISTRATOR/ EXECUTOR NOTICE

Having qualified as Co-Executors of the Estate of Wallace B. Edge of Yancey County, North Carolina, this is to notify all persons and corporations having claims against the Estate of said deceased to present them to the undersigned on or before the 31st day of August 2017 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment. This the 31st day of May 2017. Suzanne E. Adams
8300 Green Castle Drive
Charlotte, NC 28210
Wallace S. Edge
3546 Sharon Road
Charlotte, NC 28211
Arthur Gregory Edge
19303 River Crossing Blvd
Davidson, NC 28036
Published May 31,
June 7, 14, 21, 2017

LEGAL NOTICE IN THE GENERAL COURT OF JUSTICE, YANCEY COUNTY NORTH CAROLINA SUPERIOR COURT DIVISION ADMINISTRATOR/ EXECUTOR NOTICE

Having qualified as Administrator of the Estate of Linda Ann Deyton of Yancey County, North Carolina, this is to notify all persons and corporations having claims against the Estate of said deceased to present them to the undersigned on or before the 24th day of August 2017 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment. This the 24th day of May 2017. Melinda Fox
820 Green Mountain Drive
Burnsville, NC 28714
Published May 24, 31,
June 7, 14, 2017

LEGAL NOTICE IN THE GENERAL COURT OF JUSTICE, YANCEY COUNTY NORTH CAROLINA SUPERIOR COURT DIVISION BEFORE THE CLERK FILE NO. 2017 E

Having qualified as the Executrix of the Estate of Harry I Parsell of Yancey County, North Carolina, this is to notify all persons, firms and corporations having claims against the Estate of the deceased to present them to the undersigned on or before 28 August, 2017 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment. This the 9th day of May, 2017. Tom K. Dougherty, Executor
735 Almond Street, Ste. A
Clermont, FL 34711
Published May 17, 24, 31,
June 7, 2017

LEGAL NOTICE IN THE GENERAL COURT OF JUSTICE, YANCEY COUNTY NORTH CAROLINA SUPERIOR COURT DIVISION ADMINISTRATOR/ EXECUTOR NOTICE

Having qualified as Administrator of the Estate of William Leonard Beaver of Yancey County, North Carolina, this is to notify all persons and corporations having claims against the Estate of said deceased to present them to the undersigned on or before the 24th day of August 2017 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment. This the 24th day of May 2017. Gerald Lee Beaver
46 Sharp Top Road
Burnsville, NC 28714
Published May 24, 31,
June 7, 14, 2017

Volunteers needed

Meals on Wheels needs volunteers to deliver meals week-days from 10:30 to noon. Call the Senior Center at 682-6011.

Times Journal Deadline

Noon on Friday for Wednesday's publication, located at 22 North Main Street. Phone 828-682-2120.

LEGAL NOTICE IN THE GENERAL COURT OF JUSTICE, YANCEY COUNTY NORTH CAROLINA SUPERIOR COURT DIVISION ADMINISTRATOR/ EXECUTOR NOTICE

Having qualified as Executor of the Estate of Nellie Buchanan Chandler of Yancey County, North Carolina, this is to notify all persons and corporations having claims against the Estate of said deceased to present them to the undersigned on or before the 17th day of August 2017 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment. This the 17th day of May 2017. David Chandler
3595 Princes Creek Road
Burnsville, NC 28714
Published May 17, 24, 31
June 7, 2017

Will clinic at Senior Center

The Yancey Senior Center is once again sponsoring a free Will Clinic to anyone aged 60+. Priority is given to those seniors who are low income who cannot afford legal assistance. The Will Clinic will be held at the Yancey Senior Center at 503 Medical Campus Drive. Slots are limited so call the Senior Center at 682-6011 for an appointment.

Yves Giraud Band at OOK

OOK Art Gallery and Maples present the Yves Giraud Band, Thursday June 8, 2017 from 7:00 to 9:00 in the Gallery. Cost for the concert is \$5.00.

The Yves Giraud Band's show encompasses all of Yves' original soulful rock music, creating an ethereal experience with a universal sound. Yves' music hints of Maroon 5, John Mayer, Sting, and Seal.

In late 2013, he moved to Burnsville, NC and formed the Yves Giraud Band, a five piece group that only plays Yves' original music. The Mica Music Concert Series is proud to be a part of the Blue Ridge Music Trails of North Carolina.

Mindful Eating

Improve your health one bite at a time

By Margot Rossi, M.Ac.

There's something so deeply satisfying about that first bite of a juicy peach or perfectly cooked ear of corn. It lets us know without a doubt summer is here. Over the years, I've heard many people say that food tastes better in the summer. It makes sense because not only do we have more options for fresh, locally grown fruits and vegetables, we also spend more time eating outside in the fresh air.

That's why if you've ever thought about looking at or changing your eating habits, summer is the perfect time to start.

A single bite can begin to change how and what you eat. This mindful eating exercise is not only easy, it can motivate you to change unwanted eating habits and feel more satisfied.

Take a small bite-sized piece of whatever you might be eating—a cherry, peach, melon, red pepper, grilled trout, etc. If you can, pick it up between your thumb and index finger. Notice how it feels in your fingers—is it hard, soft, wet, dry, cool, warm, neutral?

Next, look at it. Notice the different shades of color. Is it shiny or dull? What sort of surface texture does it have? What does it smell like—sweet, salty, sour, spicy, smoky? Does smelling it make you excited to eat it?

Place it in your mouth and let it rest on your tongue without chewing. Does it make your mouth water or your stomach rumble? Let me add, there are no right or wrong answers here; it's just your personal mindful experience.

Finally, start to press your tongue against it and begin to chew. Notice how it tastes. How does it make you feel? As you swallow, notice how it feels going down your throat.

First annual Junior Master Gardener Day Camp is set

We can do so much more when we work together. The Cooperative Extension Service, Dig In! Community Garden, and The Abbey of St. Thomas have joined efforts to offer a unique day camp experience for young people in our area. Registration is ongoing and scholarship assistance is available.

The first annual first Junior Master Gardener (JMG) event is a new and innovative 4-H youth gardening project. It is modeled after the highly popular Master Gardener program and offers horticulture and environmental science education through fun and creative activities. The JMG program introduces young gardeners to the art and science of gardening, and helps them develop leadership and life skills to become good citizens within their communities, schools, and families.

Participants will gain credits toward their Junior Master Gardener certification with support from area Adult Master Gardeners and other qualified mentors.

There are two options for participation in summer 2017: June 19-23 and July 17-21. Each camp covers different content. Campers may attend either camp, and do not have to attend Week One to participate in Week Two. Eager learners may wish to apply for both weeks.

Leaders of sponsoring agencies are enthusiastic about this new summer opportunity.

From Tres Magner from Cooperative Extension: Extension is excited about the new Junior Master Gardener camp. It is a nationwide program and we're thrilled to help bring it to Yancey County! Students will work side by side with Master Gardeners and other experts so they can develop their own "green thumb".

Chuck Ferebee, a local adult Master Gardener is looking forward to showing and teaching young people about the importance of plants and how they help supply our needs—and he's also eager to mentor kids about how to garden.

Additional Master Gardeners from St. Thomas Church and folks from the wider com-

munity with skills in growing and preparing food will also assist.

Kathleen Wood, Director of Dig In! shares her excitement about the community garden being a host site for campers. "The kids in the camp will work with their hands and put their skills into practice growing vegetables and flowers at our new garden. We believe that this kind of work is how kids learn best, and we're glad to be participating with Extension, the Abby at St. Thomas, and the Resource Conservation and Development Council on this program."

Rev. Beth Turner, pastor of the St. Thomas Church community: "Participants will also learn about local food sources and healthy meal choices. Following these summer introductory experiences, camp sponsors will collaborate to offer activities throughout the year to help youth complete the exciting process of becoming a Junior Master Gardener. This initiative is part of our vision to partner with our neighbors to share resources that enhance our community."

Here are the specifics for interested campers:

Week One: June 19-23

Week Two: July 17-21

Applicants should be youth, grades 3-6, who are interested in learning about gardening and pursuing the Junior Master Gardener (JMG) certification 9 a.m. to 3 p.m. on Monday through Friday.

\$75 tuition per week includes the program and official student handbook, t-shirt, gardening and craft supplies, lunch and snacks.

Scholarship assistance is available; contact admin@stthomasonline.com. Limit 15 participants per week.

Camp begins each morning in the backyard gardens of St. Thomas Episcopal Church at 372 Reservoir Road near CVS in downtown Burnsville. In addition, the youth will learn and work at Dig In! and a variety of other community garden locations.

For more information or to receive complete application materials:

Contact the Extension Office at 828-682-6186 or jemagner@ncsu.edu

and grateful through the food you eat.

This practice might inspire you to improve your cooking skills or go to the farmer's market every week to buy fresh produce, and maybe get a few cooking tips from folks who are passionate about good food. With our gardens proclaiming their glory, summer is a great time for you to take charge of your health through your diet and eating habits. Have fun with mindful eating; sit down, relax, and enjoy every bite.

Try a mealtime prayer to get you ready for mindful eating: May all our meals be healthy-May our home be blessed and cozy-May our lives be filled with love and May we enjoy every bite!



Sara Ledford

BRRH Daisy Award Winner

Congratulations and thank you to Blue Ridge Regional Hospital's Daisy Award winner, Sara Ledford, Registered Nurse, Med/Surg & CCU/ICU Nursing.

The DAISY Foundation is a national nonprofit that honors nurses and the amazing care they provide to patients and families. Way to go Sara!